



# The HUSKIE HERALD

*A weekly newsletter to help keep you entertained and healthy while self-isolating*



## LABOUR DAY WEEKEND IN SASKATOON

*The long weekend is here! Kick back, relax, and enjoy the last long weekend of the summer. Saskatoon truly is 'Paris of the Prairies', so get out there, soak up some sun, breathe in the fresh air, and enjoy our beautiful city.*



## THE ORIGINS OF LABOUR DAY WEEKEND - A BRIEF HISTORY LESSON

*This national holiday is celebrated on the first Monday of September and originally gave workers the chance to campaign for better working conditions or pay. The origin of this holiday can be traced back to 1872 when the Toronto Trades assembly organized what we believe to be the first significant demonstration for workers' rights in Canada.*

# ACTIVITIES YOU CAN TRY THIS WEEKEND!

Today, most citizens use Labour day as a last long-weekend to enjoy above 0 degree weather. Here are some ideas of the activities available to you this long weekend:

**Saskatoon Scavenger Hunt: River Perceptions**  
Follow the bend of the South Saskatchewan River, finding wondrous art around Downtown Saskatoon!

**Enjoy a Picnic in the Park or on Campus**  
Parks around Saskatoon is now open to enjoy a fun time together with your family & friends. Fly kites, go cycling or hiking, or just enjoy the outdoors. Pack a picnic basket and make it a day out!

**Watch Online Concerts:**  
A lot of artists have been hosting online concerts on platforms like Twitch and YouTube, so take a quick look and see what artists are performing this weekend!

**Go Hiking or Visit Nature Areas:**  
There are plenty of opportunities across Saskatoon to enjoy nature. Spend a day cycling the Meewasin Trail. Saskatchewan Provincial Parks is open for limited day use. Hiking and biking on trails will be open.

**Enjoy a Movie at:**  
Magic lantern Roxy Theater  
Landmark Cinemas  
Cineplex



## WELCOME WEEK EVENTS

If you're looking for some more options of things to do this weekend, you can also take part in some of the Welcome Week events that Residence offers. Most are virtual, so they are great options if you are in quarantine or if you're looking to spend time at home.

Friday September 4th:  
-Virtual Fitness Class  
-Paint Night and Art competition

Saturday September 5th:  
-Coffee Break & Virtual Q&A  
-Introduction to the Faculty in Residence and the Counsellor in Residence  
-A Guided Walking Tour: Historical Saskatoon

Sunday September 6th:  
-Coffee Break & Virtual Q&A  
-Positive Chalk Art Challenge  
-Activity Night

Check your daily Welcome Week email for details on time, platform, and supply pick-up!

AUG. 31	SEPT. 1	SEPT. 2
<ul style="list-style-type: none"> <li>• RA-Led Virtual Hall Meetings</li> <li>• Door Decorating Contest</li> </ul>	<ul style="list-style-type: none"> <li>• Activity Night</li> <li>• Photography Competition</li> </ul>	<ul style="list-style-type: none"> <li>• Bringing in the Bystander</li> <li>• Guided Walking Tour - Nature Trails</li> </ul>
SEPT. 3	SEPT. 4	SEPT. 5
<ul style="list-style-type: none"> <li>• Apartment Bonding Night- Get to Know Your Roommates</li> <li>• Welcome Week Cooking Competition</li> </ul>	<ul style="list-style-type: none"> <li>• Paint Night &amp; Art Competition</li> <li>• Virtual Fitness Class</li> </ul>	<ul style="list-style-type: none"> <li>• Introduction to the Faculty - In - Residence &amp; Counsellor- In - Residence</li> <li>• Guided Walking Tour- Historical Saskatoon</li> </ul>
SEPT. 6	DAILY SEPT. 1 - 6	
<ul style="list-style-type: none"> <li>• Positive Chalk Art Challenge</li> <li>• Activity Night</li> </ul>	<ul style="list-style-type: none"> <li>• Coffee Break &amp; Virtual Q&amp;A</li> </ul>	

*Be sure to check your e-mail for daily event descriptions.*

### Ready Reads

Ready Player One

By Ernest Cline

Nature. Beauty. Gratitude.

With Louie Schwartzberg

[https://www.ted.com/talks/louie\\_schwartzberg\\_nature\\_beauty\\_gratitude](https://www.ted.com/talks/louie_schwartzberg_nature_beauty_gratitude)  
UTM\_CAMPAIGN=TEDSPREAD&UTM\_MEDIUM=REFERRAL&UTM\_SOURCE=TEDCO\_MSHARE

### Shameless Showtime

The Final Table

On Netflix

The first ever Waffle House opened on Labour Day weekend in 1955

Thoughtful Thinking

Fact of the week