



The HUSKIE HERALD

A weekly newsletter to help keep you entertained and healthy while self-isolating

Stressbuster Edition

Finals season has arrived! Here are some fun and quick activities to help you take a break!

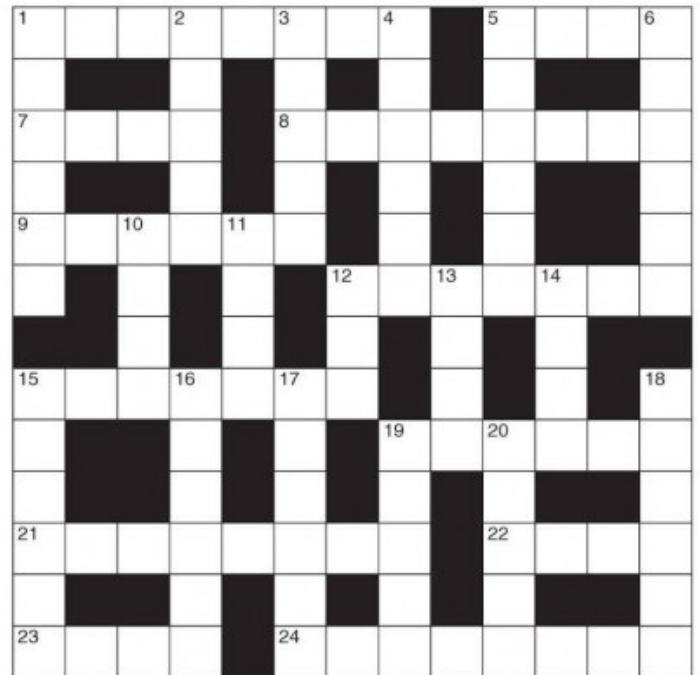
Around The World

ACROSS

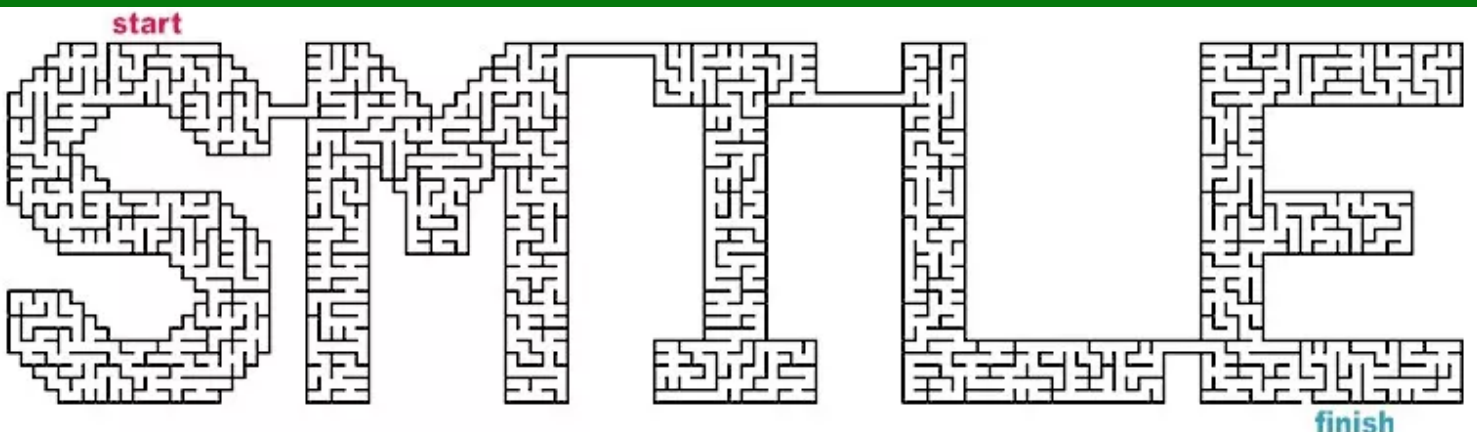
- 1. US volcano, Mount ... (2,6)
- 5. Supersonic planes
- 7. Taj Mahal city
- 8. Cambridge & Oxford universities
- 9. Treeless Arctic zone
- 12. Coniferous tree found in Europe
- 15. Vienna is there
- 19. Croatian capital
- 21. Peninsula in southwest England
- 22. Manchurian river
- 23. Central attraction of Piccadilly Circus
- 24. Region that includes Japan, China and Korea (4,4)

DOWN

- 1. Roughly built settlements, ... towns
- 2. Large African antelope
- 3. Nasty disease named after a river in the Democratic Republic of the Congo, ... virus
- 4. Underground train system
- 5. City of northwest India
- 6. People from Stockholm
- 10. Scotland's monster lake, Loch ...
- 11. German industrial region
- 12. Washington-based spy group (1,1,1)
- 13. Italy's Leaning Tower of ...
- 14. Kuwaiti ruler



- 15. Native American tribe
- 16. Sport played at Wimbledon
- 17. Earth's glacial period (3,3)
- 18. Portugal and Spain
- 19. Bantu peoples of Natal
- 20. West African nation



The Big Bang Theory

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LEONARD
HOWARD
PENNY
AMY
THEORY
RAJESH
SHELDON
SCIENCE
PHYSICS
COMIC BOOK
OCD
SCIENTIST
PASADENA
UNIVERSITY
BIG BANG
WOLOWITZ
SPACE
NEBRASKA
STUART

MARVEL MOVIE VIEWING ORDER CHECKLIST

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			1			5		9

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7		3						

Ready Reads

The Grapes of Wrath
by John Steinbeck

Why you should take a break: Prioritizing mental health in schools

With Hailey Hardcastle

https://www.youtube.com/watch?v=vDOW_gOEBUI&t=6s

Thoughtful Thinking

Shameless Showtime

The Queen's Gambit
On Netflix

Taking a break once an hour increases our work productivity

Fact of the week